

**PATIENT INFORMATION**

## INSTRUCTIONS FOR COLLECTING URINE FOR A URINE TEST

Urine must be collected on the morning of the test as follows.

- ⇒ Urinate into the toilet and stop the flow. Then continue urinating into a clean container (available from the pharmacy or supermarket).

*Deliver the sample to the Payment/Registration Service (Servizio Cassa/Accettazione) in Via Jommelli 2 (from Monday to Friday between 7.15 and 10.00 am and on Saturdays from 7.15 to 9.00 am). The patient should bring:*

- *The request from his/her doctor.*
- *Personal identity documents (health service card, ID card and exemption cards, if applicable).*
- *The urine sample.*

## INSTRUCTIONS FOR COLLECTING URINE OVER 24 HOURS

- ⇒ The morning of the day before the test the patient should empty their bladder at the usual time (e.g. at 7 am) and from that moment on collect all their urine during the day and night before the test, up until 7 am inclusive on the day of the test.

- ⇒ **It is important not to miss any of the urine.**

- ⇒ Collect the urine in a special clean plastic container (available from the pharmacy). Always close the lid after use and store it in a cool, dark place during the day.

*Deliver the sample to the Payment/Registration Service (Servizio Cassa/Accettazione) in Via Jommelli 2 (from Monday to Friday between 7.15 and 10.00 am and on Saturdays from 7.15 to 9.00 am). The patient should bring:*

- *The request from his/her doctor.*
- *Personal identity documents (health service card, identity card and exemption cards, if applicable).*
- *The urine sample.*