

PATIENT PREPARATION INSTRUCTIONS FOR PLAIN ABDOMINAL X-RAY

PREPARATION FOR THE TEST

For 3 days before the appointment, the patient should follow a low-waste diet (free of bread, pasta, rice, vegetables and pulses).

ON THE DAY OF THE TEST:

The patient must fast for at least 6 hours beforehand, only coffee or tea without milk are permitted.

On the day of the test the patient must bring all their medical records that relate to the clinical problem being tested.