

PATIENT PREPARATION INSTRUCTIONS FOR INTRAVENOUS UROGRAM (IVU)

PREPARATION FOR THE TEST:

For 3 days before the appointment, the patient should follow a low-waste diet (free of bread, pasta, rice, vegetables and pulses).

ON THE DAY OF THE TEST

1. Do not eat or drink **for at least 6 hours** prior to your appointment.
1. On the day of the appointment the patient must bring along the following test results (necessary for the use of iodine-based compounds):
 - **Creatinine**

The above tests are **valid for 3 months**.

On the day of the test take your usual medication at home as prescribed by your family doctor except for:

- **Metformin, to be suspended for the 2 days before and the 2 days after the examination.**

Notes

In case of allergy to the contrast agent or serious allergy to any other drugs or substances please refer to your family doctor and fill in and bring the attached pre-medication form with you.

On the day of the test the patient must bring all their medical records that relate to the clinical problem being tested.

**ALLERGY TO CONTRAST AGENT PRE-TREATMENT FORM
(iodinated and paramagnetic contrast agents)**

24 HOURS BEFORE THE TEST, TAKE:

- DELTACORTENE – 1 25 mg tablet
- CETIRIZINE - 1 10 mg tablet
- ZANTAC - 1 150 mg tablet

13 HOURS BEFORE THE TEST, TAKE:

- DELTACORTENE - 1 25 mg tablet
- CETIRIZINE - 1 10 mg tablet
- ZANTAC - 1 150 mg tablet

7 HOURS BEFORE THE TEST, TAKE:

- DELTACORTENE - 1 25 mg tablet
- CETIRIZINE - 1 10 mg tablet
- ZANTAC - 1 150 mg tablet

1 HOUR BEFORE THE TEST, TAKE:

- CETIRIZINE - 1 10 mg tablet