

COLLECTING SPUTUM FOR A CYTOLOGY TEST

The test is normally carried out on samples taken on three separate days.

The patient needs to:

- ⇒ Obtain the sterile containers for collecting the sputum (available to purchase from pharmacies).
- ⇒ Collect the sputum in the morning before eating.
- ⇒ Clean the mouth well and gargle with water.
- ⇒ Collect the expectorated material in the sterile container after a cough. The expectorated material must come from the lower airways and not be saliva.
- ⇒ In the event of difficulty in expectorating, a cough can be induced using a nebulizer containing a saline solution (not drugs).
- ⇒ Close the jar **well**, write your SURNAME AND NAME and indicate the day the sample was collected with a 1, 2 or 3.
- ⇒ Each sample must be delivered on the day it is taken.
- ⇒ **Patient registration will take place on delivery of the first sample. On the following two days the sample is just delivered.**

Deliver the sample to the Payment/Registration Service (Servizio Cassa/Accettazione) in Via Jommelli 2 (from Monday to Friday between 7.15 and 10.00 am and on Saturdays from 7.15 to 9.00 am). The patient should bring:

- *The request from his/her doctor.*
- *Personal identity documents (health service card, ID card and exemption cards, if applicable).*
- *The sputum collected for the cytology test.*

Deliver the container to the Test Centre (Centro Prelievi) on the 1st floor of Via Jommelli 2.