

INFORMATION FOR THE PATIENT

## URINE COLLECTION INSTRUCTIONS FOR URINALYSIS

Urine must be collected on the morning of the day of the test as specified below:

- ⇒ do not collect the first urine portion, then collect the subsequent urine portion in a clean container (available at a pharmacy or supermarket).

*Deliver the sample to the Cashier's/Admissions Desk with the following items:*

- *the referring doctor's prescription;*
- *personal identification documents (health card, identity card, any exemption cards);*
- *the urine sample collected.*

*Deliver the container to the Sample Collection Centre.*

## INSTRUCTIONS FOR 24-HOUR URINE COLLECTION

- ⇒ On the morning of the day before the test, empty your bladder at the usual time (e.g., 07:00 am) and, from then on, collect all subsequent urine of the day and night of the test up to and including 07.00 am.
- ⇒ **It is important not to lose any of the urine produced.**
- ⇒ Collect the urine in a clean plastic urine collection container (available at a pharmacy); always close the container and store it in a cool dark place during the day.

*Deliver the sample to the Cashier's/Admissions Desk with the following items:*

- *the referring doctor's prescription;*
- *personal identification documents (health card, identity card, any exemption cards);*
- *the urine sample collected.*

*Deliver the container to the Sample Collection Centre.*