

## **PATIENT PREPARATION INSTRUCTIONS FOR INTRAVENOUS UROGRAM (IVU)**

### **PREPARATION FOR THE TEST:**

For 3 days before the appointment, the patient should follow a low-waste diet (free of bread, pasta, rice, vegetables and pulses).

### **ON THE DAY OF THE TEST**

1. Do not eat or drink **for at least 6 hours** prior to your appointment.
1. On the day of the appointment the patient must bring along the following test results (necessary for the use of iodine-based compounds):

- **Creatinine**

The above tests are **valid for 3 months**.

On the day of the test take your usual medication at home as prescribed by your family doctor.

### **Notes**

In case of allergy to the contrast agent or serious allergy to any other drugs or substances please refer to your family doctor and fill in and bring the attached pre-medication form with you.

**On the day of the test the patient must bring all their medical records that relate to the clinical problem being tested.**

## **ALLERGY TO CONTRAST AGENT PRE-TREATMENT FORM (iodinated and paramagnetic contrast agents)**

### **24 HOURS BEFORE THE TEST, TAKE:**

- DELTACORTENE – 1 25 mg tablet
- CETIRIZINE - 1 10 mg tablet
- OMEPRAZOLO - 1 20 mg tablet

### **13 HOURS BEFORE THE TEST, TAKE:**

- DELTACORTENE - 1 25 mg tablet
- CETIRIZINE - 1 10 mg tablet
- OMEPRAZOLO - 1 20 mg tablet

### **7 HOURS BEFORE THE TEST, TAKE:**

- DELTACORTENE - 1 25 mg tablet
- CETIRIZINE - 1 10 mg tablet
- OMEPRAZOLO - 1 20 mg tablet

### **1 HOUR BEFORE THE TEST, TAKE:**

- CETIRIZINE - 1 10 mg tablet